

Mediation

What is Mediation?

Mediation is a process where parties are helped to discuss important issues safely through working at tasks with the Mediators. Mediators are trained to act impartially and do not seek to apportion blame. Mediation is not marriage guidance or couple counselling.

Mediation brings real benefits - it reduces tension and hostility and helps couples make their own informed decisions about their futures. Mediation plays an important role in assisting families to address and resolve the issues which arise from separation and divorce.

The process of Mediation, as a means of resolving disputes between separating couples, is becoming increasingly popular.

What is Mediation for?

Mediation can be used for:

- discussing arrangements for children;
- financial arrangements;
- practical issues to do with separation or divorce.

Why Mediation?

A couple is directly involved in resolving the conflict and in making decisions about, for example, their children or financial matters. Mediation aims to help couples find a solution without having to fight through the Courts and their Solicitors. It is a voluntary process and receives the full support of the

judiciary. It is a cost-effective way of dealing with disputes and can assist couples to communicate more effectively and, for example, to continue to work together as parents in the future. The timetable and place of each Mediation session is governed by the couple.

Mediation is available to divorced and separating couples, cohabittees, grandparents and other family members and anyone else involved in relationship breakdown.

How does Mediation work?

A Mediator will assist you in making your decision about what is best for your children by concentrating on your children's needs. When sorting out financial arrangements you will be expected to share information about your financial situations with each other, and to look at different possible solutions. Then you decide what works, with the Mediator's help.

Who does the Mediation?

Desmond O'Donnell is a 'Resolution' trained Family Mediator. He is a Senior Associate and has over twenty years experience in family law.

To find out more about Family Mediation, please contact Desmond O'Donnell ☎ 01892 701315. Email address: des.odonnell@ts-p.co.uk.

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